

## FLEXIFITNESS PRIVACY POLICY

As a small, local business we do not share or sell your information to any third parties. We do not collect information about you other than your first name, your previous experience of taking part in yoga/pilates and any health issues you feel relevant to you taking part in our sessions.

Our mailing list consists purely of email addresses that are voluntarily given to us and there is an opt out option available at all times. We do not store your email address after you unsubscribe, your details are permanently deleted.